“Let whoever is in charge keep this simple question in her head (NOT how can I always do the right thing myself but) how can I provide for this right thing always to be done.”

—Florence Nightingale

**ABBREVIATION LIST**

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Definition</th>
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<tbody>
<tr>
<td>ADHD</td>
<td>Attention-Deficit Hyperactivity Disorder</td>
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<tr>
<td>CNO</td>
<td>Chief Nursing Officer</td>
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<tr>
<td>CT</td>
<td>Computed Tomography</td>
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<tr>
<td>CVA</td>
<td>Cerebrovascular Accident</td>
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<tr>
<td>ED</td>
<td>Emergency Department</td>
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<tr>
<td>HCP</td>
<td>Health-Care Provider</td>
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<tr>
<td>HIPAA</td>
<td>Health Insurance Portability and Accountability Act</td>
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<td>HOB</td>
<td>Head of Bed</td>
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<tr>
<td>IM</td>
<td>Intramuscular</td>
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<tr>
<td>IV</td>
<td>Intravenous</td>
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<tr>
<td>IVP</td>
<td>Intravenous Push</td>
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<tr>
<td>LPN</td>
<td>Licensed Practical Nurse</td>
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<tr>
<td>MRSA</td>
<td>Methicillin-Resistant <em>Staphylococcus aureus</em></td>
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<tr>
<td>NCSBN</td>
<td>National Council of State Boards of Nursing</td>
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<tr>
<td>NICU</td>
<td>Neonatal Intensive Care Unit</td>
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<tr>
<td>NPO</td>
<td>Nothing per (by) Os (Mouth)</td>
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<tr>
<td>PO</td>
<td>Orally</td>
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<tr>
<td>PRN</td>
<td>As Needed</td>
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<td>RN</td>
<td>Registered Nurse</td>
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<td>ROM</td>
<td>Range of Motion</td>
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<td>UAP</td>
<td>Unlicensed Assistive Personnel</td>
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**PRACTICE QUESTIONS**

**Setting Priorities When Caring for Clients**

1. The nurse is working in the emergency department (ED) of a children’s medical center. Which client should the nurse assess first?
   1. The 1-month-old infant who has developed colic and is crying.
   2. The 2-year-old toddler who was bitten by another child at the day care center.
   3. The 6-year-old school-age child who was hit by a car while riding a bicycle.
   4. The 14-year-old adolescent whose mother suspects her child is sexually active.

2. The 8-year-old client diagnosed with a vaso-occlusive sickle cell crisis is complaining of a severe headache. Which intervention should the nurse implement first?
   1. Administer 6 L of oxygen via nasal cannula.
   2. Assess the client’s neurologic status.
   3. Administer a narcotic analgesic by intravenous push (IVP).
   4. Increase the client’s intravenous (IV) rate.
3. The 6-year-old client who has undergone abdominal surgery is attempting to make a pinwheel spin by blowing on it with the nurse's assistance. The child starts crying because the pinwheel won't spin. Which action should the nurse implement first?
1. Praise the child for the attempt to make the pinwheel spin.
2. Notify the respiratory therapist to implement incentive spirometry.
3. Encourage the child to turn from side to side and cough.
4. Demonstrate how to make the pinwheel spin by blowing on it.

4. The nurse is caring for clients on the pediatric medical unit. Which client should the nurse assess first?
1. The child diagnosed with type 1 diabetes who has a blood glucose level of 180 mg/dL.
2. The child diagnosed with pneumonia who is coughing and has a temperature of 100°F.
3. The child diagnosed with gastroenteritis who has a potassium (K+) level of 3.9 mEq/L.
4. The child diagnosed with cystic fibrosis who has a pulse oximeter reading of 90%.

5. The nurse has received the A.M. shift report for clients on a pediatric unit. Which medication should the nurse administer first?
1. The third dose of the aminoglycoside antibiotic to the child diagnosed with methicillin-resistant Staphylococcus aureus (MRSA).
2. The IVP steroid methylprednisolone (Solumedrol) to the child diagnosed with asthma.
3. The sliding scale insulin to the child diagnosed with type 1 diabetes mellitus.
4. The stimulant methylphenidate (Ritalin) to a child diagnosed with attention-deficit hyperactivity disorder (ADHD).

6. The nurse enters the client's room and realizes the 9-month-old infant is not breathing. Rank in order of priority. Which interventions should the nurse implement?
1. Perform cardiac compression 30:2.
2. Check the infant's brachial pulse.
3. Administer two puffs to the infant.
4. Determine unresponsiveness.
5. Open the infant's airway.

7. The 3-year-old client has been admitted to the pediatric unit. Which task should the nurse instruct the unlicensed assistive personnel (UAP) to perform first?
1. Orient the parents and child to the room.
2. Obtain an admission kit for the child.
3. Post the child's height and weight at the HOB.
4. Provide the child with a meal tray.

8. The clinic nurse is preparing to administer an intramuscular (IM) injection to the 2-year-old toddler. Which intervention should the nurse implement first?
1. Immobilize the child's leg.
2. Explain the procedure to the child.
3. Cleanse the area with an alcohol swab.
4. Administer the medication in the thigh.

9. The nurse is writing a care plan for the 5-year-old child diagnosed with gastroenteritis. Which client problem is priority?
1. Imbalanced nutrition.
2. Fluid volume deficit.
4. Risk for infection.

10. Which data would warrant immediate intervention from the pediatric nurse?
1. Proteinuria for the child diagnosed with nephrotic syndrome.
2. Petechiae for the child diagnosed with leukemia.
3. Drooling for a child diagnosed with acute epiglottitis.
4. Elevated temperature in a child diagnosed with otitis media.
Delegating and Assigning Nursing Tasks

11. The charge nurse has assigned a staff nurse to care for an 8-year-old client diagnosed with cerebral palsy. Which nursing action by the staff nurse would warrant immediate intervention by the charge nurse?
   1. The staff nurse performs gentle range-of-motion (ROM) exercises to extremities.
   2. The staff nurse puts the client’s bed in the lowest position possible.
   3. The staff nurse takes the client in a wheelchair to the activity room.
   4. The staff nurse places the child in semi-Fowler’s position to eat lunch.

12. The nurse and the UAP are caring for clients on the pediatric unit. Which action by the nurse indicates appropriate delegation?
   1. The nurse requests the UAP to check the circulation on the child with a cast.
   2. The nurse asks the UAP to feed an infant who has just had a cleft palate repair.
   3. The nurse has the UAP demonstrate a catheterization for a child with a neurogenic bladder.
   4. The nurse checks to make sure the UAP’s delegated tasks have been completed.

13. The nurse on a pediatric unit has received the A.M. shift report and tells the UAP to keep the 2-year-old child NPO for a procedure. At 0830, the nurse observes the mother feeding the child. Which action should the nurse implement first?
   1. Determine what the UAP did not understand about the instruction.
   2. Tell the HCP that the UAP did not follow the nurse’s direction.
   3. Ask the mother why she was feeding her child if the child was NPO.
   4. Notify the dietary department to hold the child’s meal trays.

14. The charge nurse on the six-bed pediatric burn unit is making shift assignments and has one registered nurse (RN), one scrub technician, one UAP, and a unit secretary. Which client care assignment indicates the best use of the hospital personnel?
   1. The RN performs daily whirlpool dressing changes.
   2. The unit secretary transcribes the HCP’s orders.
   3. The scrub technician medicates the client prior to dressing changes.
   4. The UAP places the current laboratory results on the chart.

15. The RN and the UAP are caring for clients on a pediatric surgical unit. Which tasks would be most appropriate to delegate to the UAP? Select all that apply.
   1. Pass dietary trays to the clients.
   2. Obtain routine vital signs on the clients.
   3. Complete the preoperative checklist.
   4. Change linens on the client’s beds.
   5. Document the client’s intake and output.

16. Which client should the charge nurse on the pediatric unit assign to the most experienced nurse?
   1. The 4-year-old child diagnosed with hemophilia receiving factor VIII.
   2. The 8-year-old child with headaches who is scheduled for a CT scan.
   3. The 6-year-old child recovering from a sickle cell crisis.
   4. The 11-year-old child newly diagnosed with rheumatoid arthritis.

17. The charge nurse is making shift assignments on a pediatric oncology unit. Which delegation/assignment would be most appropriate?
   1. Delegate the UAP to obtain routine blood work from the central line.
   2. Instruct the licensed practical nurse (LPN) to contact the leukemia support group.
   3. Assign the chemotherapy certified RN to administer chemotherapeutic medication.
   4. Have the dietitian check the meal trays for the amount eaten.
18. The nurse observes the UAP bringing a cartoon video to a 6-year-old female child on bed rest so that she can watch it on the VCR. Which action should the nurse take?
   1. Tell the UAP that the child should not be watching videos.
   2. Explain that this is the responsibility of the child life therapist.
   3. Praise the UAP for providing the child with an appropriate activity.
   4. Notify the charge nurse that the UAP gave the child videos to watch.

19. Which newborn should the nurse in the neonatal intensive care unit (NICU) assign to a new graduate who has just completed an NICU internship?
   1. The 1-day-old infant diagnosed with a myelomeningocele.
   2. The 2-week-old infant who was born 6 weeks premature.
   3. The 3-hour-old infant who is being evaluated for esophageal atresia.
   4. The 1-week-old infant diagnosed with tetralogy of Fallot.

20. The newly hired nurse is working on a pediatric unit and needs the UAP to obtain a urine specimen on an 11-month-old infant. Which statement made to the UAP indicates the nurse understands the delegation process?
   1. “Be sure to weigh the diaper when obtaining the urine specimen.”
   2. “Do you know how to apply the urine collection bag?”
   3. “Use a small indwelling catheter when obtaining the urine specimen.”
   4. “I need for you to get a urine specimen on the infant.”

Managing Clients and Nursing Staff

21. The 8-year-old male child in the pediatric unit is refusing to ambulate postoperatively. Which intervention would be most appropriate?
   1. Give the child the option to ambulate now or after lunch.
   2. Ask the parents to insist the child ambulate in the hall.
   3. Refer the child to the child developmental therapist.
   4. Tell the child he can watch a video game if he cooperates.

22. The clinic nurse overhears a mother in the waiting room tell her 6-year-old son, “If you don't sit down and be quiet, I am going to get the nurse to give you a shot.” Which action should the nurse implement?
   1. Do not take any action because the mother is attempting to discipline her son.
   2. Tell the child the nurse would not give him a shot because the mother said to.
   4. Tell the mother this behavior will cause her son to be afraid of the nurses.

23. The parents of an infant born with Down syndrome are holding their infant and crying. The father asks, “I have heard children like this are hard to take care of at home.” Which referral would be most appropriate for the parents?
   1. The Web site for the National Association for Down syndrome.
   2. The hospital chaplain.
   3. A Down syndrome support group.
   4. A geneticist.

24. The charge nurse on the pediatric unit hears the overhead announcement Code Pink (infant abduction), newborn nursery. Which action should the charge nurse implement?
   1. Send a staff member to the newborn nursery.
   2. Explain the situation to the clients and visitors.
   3. Continue with the charge nurse’s responsibilities.
   4. Station a staff member at all the unit exits.
25. The mother of a 4-year-old child diagnosed with Duchenne's muscular dystrophy is overwhelmed and asks the nurse, “I have been told a case manager will come and talk to me. What will they do for me?” Which statement indicates the nurse understands the role of the case manager?
1. “You will have a case manager so that the hospital can save money.”
2. “She will make sure your child gets the right medication for muscular dystrophy.”
3. “She will help you find the resources you need to care for your child.”
4. “The case manager helps your child to have a normal life expectancy.”

26. The nurse is assigned to the pediatric unit performance improvement committee. The unit is concerned with IV infection rates. Which action should the nurse implement first when investigating the problem?
1. Contact central supply for samples of IV start kits.
2. Obtain research to determine the best length for IV dwell time.
3. Identify how many IV infections have occurred in the last year.
4. Audit the charts to determine if hospital policy is being followed.

27. The clinic nurse is discussing a tubal ligation with a 17-year-old adolescent with Down syndrome. The adolescent does not want the surgery, but her parents (who are also in the room) are telling her she must have it. Which statement by the nurse would be an example of the ethical principle of justice?
1. “I think this requires further discussion before scheduling this procedure.”
2. “You will not be able to have children after you have this procedure.”
3. “You should have this procedure because you could not care for a child.”
4. “You can refuse this procedure and your parents can’t make you have it.”

28. The school nurse has referred an 8-year-old student for further evaluation of vision. The single mother has told the school nurse she does not have the money for the evaluation or glasses. Which action by the nurse would be an example of client advocacy?
1. Tell the mother the child cannot read the board.
2. Refer the mother to a local service organization.
3. Ask the mother if the family is on Medicaid.
4. Loan the mother money for the examination.

29. The ED nurse is scheduling the 16-year-old client for an emergency appendectomy. Which intervention should the nurse implement when obtaining permission for the surgery?
1. Withhold the narcotic pain medication until the client signs the permit.
2. Have the client’s parent or legal guardian sign the operative permit.
3. Explain the procedure to the client and the parents in simple terms.
4. Get a visitor from the ED waiting area to witness the parent’s signature.

30. The unit manager has been notified by central supply that many client items are missing from stock and have not been charged to the client. Which action should the nurse manager implement in regards to the lost charges?
1. Send out a memo telling the staff to follow the charge procedures.
2. Form a performance improvement committee to study the problem.
3. Determine whether the items in question are being restocked daily.
4. Schedule a staff meeting to discuss how to prevent further lost charges.